



TIME STRATEGIES: FAMILY

Is family time quality time? Get more out of your time together by listing activities to do more, do less, or start doing.

Family Activities



Family Activities To Do More Of	1		
	2		
	3		
	4		
	5		
Family Activities To Do Less/Eliminate	1		
	2		
	3		
	4		
	5		
New Family Activities To Try	1		
	2		
	3		
	4		
	5		
Other	1		
	2		
	3		
	4		
	5		
Notes			

