



## SCHEDULE: BEST DAYS

Look at your whole week and list best days for certain activities – like batching all uptown meeting for Tuesdays.

Time	Task(s)				✓
Mondays Are Best For	1		4		
	2		5		
	3		6		
Tuesdays Are Best For	1		4		
	2		5		
	3		6		
Wednesdays Are Best For	1		4		
	2		5		
	3		6		
Thursdays Are Best For	1		4		
	2		5		
	3		6		
Mondays Are Best For	1		4		
	2		5		
	3		6		
Saturdays Are Best For	1		4		
	2		5		
	3		6		
Sundays Are Best For	1		3		
	2		4		
Notes					

